



Parent/Carer Lived Experience Lead

Part-time freelance role within the Families Programme.

£400/day plus travel expenses – approximately 3 days a week

About the Charlie Waller Trust

The Charlie Waller Trust was created by the Waller family in 1997 in response to the loss of their son and brother Charlie who tragically took his own life whilst suffering from depression. We have since become one of the UK's most respected mental health charities.

Our mission is to educate young people and those with responsibility for them - parents and carers, teachers, college and university staff, and employers - about their mental health and wellbeing.

At Charlie Waller, our vision is of a world where people understand and talk openly about mental health, where young people and those who support them are equipped to maintain and enhance their mental health and wellbeing and have the confidence to seek help when they need it.

We provide evidence-informed education, training and other resources to schools, colleges and universities, families, and the workplace. We also sponsor a Chair in evidence-based psychological treatments at the Charlie Waller Institute, based at the University of Reading.

We are known for our team of highly experienced trainers and staff, all of whom are both expert and passionate about mental health.

Overall, our approach is:

- **Positive** - focusing on prevention and early intervention and recognising the importance of offering hope.
- **Proven** -our consultancy, training and resources are all based on sound clinical evidence.
- **Practical** –our content provides people with strategies and tools to care for their mental health, and to support others in doing so.

The Families Programme

At the Charlie Waller Trust we've always understood that parents and carers are central in supporting children and young people's emotional and mental wellbeing.

Our ambition is to become the leading charity Nationally for parent and carer peer support so that every parent or carer with a child or young person with mental health issues gets the support they need, when they need it. We have made inroads into fulfilling this ambition over the last two years.

You will join a friendly team who is dedicated to supporting parents and carers to help their children and young people thrive. We take a co-production approach: parents and carers with lived experience of supporting a child with a mental health problem are involved as partners in shaping and delivering our work, as are professionals.

About the role

We are now recruiting for a parent or carer with lived experience of supporting a child or young person with a mental health problem to take a lead role in ensuring the voice of parents and carers is at the heart of

everything we do. This role will directly support the work of the Families Programme and the wider work of the Trust.

The post holder will work with the Families programme team, supporting them to deliver robust programmes of work that are delivered to scope, on time and within budget. The post holder will also support our other Lived Experience (LE) Partners.

Key areas:

1. Parent/carer coproduction in CWTs work, involving PLACE network members and offering input to local and national work as required
2. Running and developing the PLACE Network, expanding our support offer to meet the needs of this rapidly growing workforce
3. Continuing to promote and develop the parent/carer peer support worker role including:
 - ✓ Supporting the LE partner network to ensure that partners' skills are fully harnessed, consulting with them as appropriate to ensure co production
 - ✓ Input into PCPS Training courses and CPD
 - ✓ Finding ways to support new and existing parent peer support workers
 - ✓ Developing the role locally and nationally
4. National representation of the parent/carer voice in meetings, events and conferences
5. Leading or supporting coproduction of resources for parents and carers, encouraging creative approaches and solutions
6. Supporting the extension of the PCPS role into other care pathways eg neurodevelopmental, eating disorders, developing new modules
7. Supporting the Programme team, Programme Director and CEO by horizon scanning and offering best advice
8. Supporting the programme team and comms team to report to Trustees, funders. Support the Trust fundraising team as required to apply for further funding.

To apply

Please visit <https://www.charliewaller.org/about-us/join-our-team>. You will have the option to submit your application via indeed.com or, to send your application via email to jane.cannon@charliewaller.org.

Your application will need to include your CV and a covering letter sharing why you would like to take up the post and attributes you feel you can bring to the work. Please include confirmation that you are a parent or carer with lived experience.

The deadline for applications **11:59pm Friday 15th December 2023** and we will be shortlisting on Monday 18th December. Should you be shortlisted, an interview will take place virtually on **Wednesday 3rd January 2024**.

We're looking forward to hearing from candidates who want to help us make our vision a reality.

If you have any questions, please email jane.cannon@charliewaller.org